



# GUEST EQUIPMENT LIST

## Ice Climbing

\* MANDATORY ITEM  
+ AVAILABLE TO RENT

### CLIMBING GEAR

- SKI OR MOUNTAINEERING BOOTS\*+
- CRAMPONS (INCLUDED)
- ICE TOOLS (INCLUDED)
- HARNESS AND HELMET (INCLUDED)

### CLOTHING

- LIGHTWEIGHT SYNTHETIC BASE LAYERS\*
- MID-WEIGHT SYNTHETIC TOP\* (WOOL OR FLEECE)
- HARDSHELL JACKET AND PANTS\* (WATERPROOF, BREATHABLE, PREFERABLY NON-INSULATED)
- INSULATED VEST AND/OR JACKET (DOWN OR SYNTHETIC)
- WARM GLOVES OR MITTENS\*
- LIGHTWEIGHT GLOVES\* (FOR CLIMBING, BRING EXTRAS)
- WARM HAT\*
- LIGHTWEIGHT HAT (FOR UNDER HELMET, MUST COVER EARS)
- WOOL OR SYNTHETIC SOCKS\* (SKI SOCKS)
- BALACLAVA (OPTIONAL, FOR COLDER-THAN-AVERAGE DAYS)

### PERSONAL GEAR

- WATER BOTTLE
- SUNSCREEN/LIP BALM
- SUNGLASSES AND/OR SKI GOGGLES
- EXTRA SNACKS